CANCER FATIGUE SERVICES

Physician
Cancer-Related Fatigue Clinic

Structured Counselling and Medical Psychotherapy

LOCATION Toronto, Ontario. Onsite and virtual care.

STATUS Part time or full time

COMPENSATION Fee-for-service, independent contractor

APPLICATIONS jobs@cancerfatigueservices.com

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Cancer Fatigue SERVICES

Physician, Cancer-Related Fatigue Clinic

Structured Counselling and Medical Psychotherapy Focus

Employer: Cancer Fatigue Services Inc.

Location: 2 Sheppard Avenue East, Suite 501, Toronto, ON M2N 5Y7

Status: Part Time (full time available)

Profession: Physician

Specialty: Family Medicine, Psychiatry, or general practice with a focused psychotherapy practice

Primary compensation type: Fee-For-Service

Practice type: Clinic only

Research opportunity: Yes

Supervision provided: Yes

Bilingual or French candidate required: No

Cancer Fatigue
SERVICES

Why This Clinic Exists

Fatigue is **the most commonly reported symptom in cancer, and the one most likely to go untreated**. Patients raise it, and there has been nowhere to send them. We built Cancer Fatigue Services because that gap should not exist.

We believe that **every person living with or after cancer deserves a real workup for their exhaustion and a real plan to address it**. That belief is the whole reason this clinic is here.

How we act on it: Cancer Fatigue Services (CFS) is **Canada's first physician-led, multidisciplinary practice dedicated entirely to the assessment, treatment, and prevention of cancer-related fatigue**. Our care model combines comprehensive medical assessment, cardiopulmonary exercise testing (CPET), supervised rehabilitation, and structured physician-led counselling, delivered as one coordinated longitudinal pathway rather than a series of disconnected referrals.

What that produces is a clinic where fatigue gets the workup, the plan, and the follow-through it has never had anywhere else in the country.

We Do Healthcare Differently

We built this clinic on the belief that healthcare can treat people better, and that includes the people who work in it.

For patients, that means **we carry the burden of navigating the system instead of handing it back to them**. Coordination with their oncologist and their family physician, booking, follow-up, results, referrals, and the hundred small administrative tasks that wear down people who are already exhausted are handled here, by us.

For clinicians, it means the same principle applied to you. High patient volumes with no breaks and no downtime are how care quality erodes and how good physicians burn out. Both of those are real, and neither is inevitable. So we have built the clinic around a set of concrete commitments:

- **Administrative support, human and technological.** A dedicated team and purpose-built systems absorb the work that surrounds patient care, so your attention stays on the patient in front of you.
- **Our team works for you.** Fifteen to sixty minutes of team admin supports every encounter you deliver, so the paperwork does not go home with you.
- **Administrative time scheduled into your day, not appended to it.** Charting and follow-up happen during clinic hours, not at ten o'clock at night.

- **A buffer between encounters, set to your preference.** Some physicians want ten minutes between patients and some want thirty. You tell us which, and we build the schedule around it.
- **You set your own schedule.** We ask only that it stay consistent week to week.
- You see as many or as few patients as the time you have available allows.
- **No call.** No after-hours coverage and no inpatient responsibility.

Leave your work at work. We have built the clinic so that is actually possible.

Why We Are Speaking to You Specifically

Physician-led counselling is not an add-on to our care model. **It is the spine of it.** Fatigue does not resolve with a prescription. It resolves when a patient understands what is driving it, works through the grief of what their body used to do, rebuilds activity at a pace they can sustain, and has someone walking that road with them for months rather than minutes.

That work needs a physician trained to do it.

Four things that distinguish this from most counselling work available to physicians:

- **The program is already built.** Structured session decks, question scripts, patient workbooks, education modules, and documentation templates are complete and in active use across a staged pathway. You are delivering a manualized program, not writing curriculum between patients.
- **The encounters are protected and scheduled.** Counselling appointments are booked separately from supervised rehabilitation sessions, with time allocated for the work to actually be done. They are not squeezed into the end of a medical visit.
- **The population and the focus are defined.** Loss of function and identity, grief, symptom-related distress, fear of recurrence, and the return to activity. A narrow, deep clinical problem rather than an undifferentiated mental health caseload.
- **Your input is welcome, not required.** The counselling program is under continuous development. If shaping it interests you, clinicians with strong psychotherapeutic training have a real hand in where it goes. If you would rather deliver your sessions and leave the rest to us, that works too.

Oncology experience is an asset here, not a requirement. We will train you on the fatigue-specific pathway. **What we cannot train is the psychotherapeutic skill you already have.**

What the Role Involves

Physician-led counselling program

- Deliver the structured counselling encounters that anchor the longitudinal care model, covering psychosocial support and symptom management, and return-to-activity planning and barrier resolution.
- Work through a staged pathway with patients over multiple visits, using the CFS session materials, patient workbooks, and between-visit review structure.
- Educate patients and families on cancer-related fatigue: its causes, its risk factors, and what the evidence actually supports.
- If it interests you, contribute to the ongoing development of the counselling program, including session content, question scripts, and patient materials. This is optional.

Assessment and care planning

- Conduct comprehensive fatigue assessments covering fatigue presentation, oncologic and treatment history, symptom characterization, and functional status.
- Lead results delivery encounters, walking patients through their assessment findings, CPET results, and proposed care plan, and building the shared care plan collaboratively with the patient and the team.
- Coordinate and adjust ongoing care in collaboration with referring oncologists, primary care providers, and other specialists.

Multidisciplinary team support

- Work alongside our rehabilitation and psychosocial teams so that counselling, exercise prescription, and medical management move together rather than in parallel.
- Provide medical oversight of psychosocial and rehabilitation care as your scope and comfort allow, with support available from the wider physician team.

Documentation and currency

- Maintain accurate records in the clinic EMR, in compliance with all record-keeping standards.
- Stay current on best practice and research in cancer-related fatigue, psychosocial oncology, and survivorship care. Continuing education support is provided.
- Represent CFS at clinical and scientific events as opportunities arise, if that interests you.

Time Commitment and Compensation

This role is built to sit alongside an existing practice. Full-time arrangements are available for the right candidate.

- **Structure:** Fee-for-service under an independent contractor arrangement. **You keep 70% on OHIP billables.** Encounter types differ in length and complexity and are billed accordingly.

- **Commitment:** Our physicians currently work anywhere from three full days to two half-days per week. **There is no minimum.**
- **Delivery:** The first OHIP-covered encounter with each patient is on-site. The majority of follow-ups are delivered virtually.

We are happy to walk through the full picture, including realistic encounter volumes and what a typical week looks like, with any candidate who wants to see the numbers before applying. If you would like to see the numbers before applying, book a 30-minute call: https://calendar.app.google/Tb49qgWtPGRWv7cS8

Qualifications

Required

- Doctor of Medicine (MD) or equivalent from an accredited medical school.
- Active and unrestricted licence to practise in Ontario (CPSO), in any specialty or general practice.
- CMPA coverage appropriate to ambulatory practice including psychotherapy.
- OHIP billing number and willingness to work within an independent contractor, fee-for-service arrangement.
- Formal psychotherapy training beyond residency, with documented supervised hours. We assess training and supervision directly, since there is currently no CFPC Certificate of Added Competence in this area.
- Comfort working within a multidisciplinary team and with structured, templated documentation.

Assets

- Certificant-level membership in the Medical Psychotherapy Association Canada (MDPAC).
- Training in a specific modality relevant to adjustment, grief, or health behaviour change, including cognitive behavioural therapy, acceptance and commitment therapy, interpersonal therapy, or motivational interviewing.
- Experience in psychosocial oncology, chronic illness, or palliative populations.
- Experience providing psychotherapy supervision or mentorship.

Working Environment

- Newly renovated medical facility at Yonge and Sheppard, with modern equipment and onsite access to allied health colleagues.
- Onsite and telemedicine-based care delivery.

Cancer Fatigue SERVICES

- Collaborative multidisciplinary team of physicians, kinesiologists, and allied health professionals.
- Active research program, with opportunities to contribute to CFS clinical research for physicians who are interested.

Growth and Leadership

CFS is in an active growth phase and we are looking for physicians who want to grow with us. Expanded clinical hours, clinical leadership roles, and contribution to clinic governance are all available to candidates who demonstrate strong fit and long-term interest. Specific pathways are discussed directly with candidates as the relationship develops.

How to Apply

Send a CV and a short note about what draws you to this work to **jobs@cancerfatigueservices.com**. If you would rather talk it through before committing to anything, say so and we will set up a call. **We respond to every applicant.**